

Urban Sanitation Checklist

Purpose: To insure that you have equipment to deal with sanitation issues in a short-term, off-grid emergency situation.

There are three areas that you need to address: personal hygiene, household garbage, and human and animal waste.

Personal Hygiene

- Soap
- Toilet Tissue
- Facial Tissues
- Toothpaste
- Toothbrush
- Baby Wipes
- Shaving Cream
- Razor
- Sanitary Napkins
- Tampons
- Plastic Trash Bags
- Hand Sanitizer
- Nail Clippers
- Deodorant
- Shampoo

Garbage

- Heavy Duty Trash Bags
- Trash Can with Tight Lid
- Composting Bin for Vegetable Waste
- Recycling Bin for Cans and Bottles and Paper
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Optional: Clothes Washing

- 5 Gallon Plastic Bucket with Lid
- New Basin-Sized Plunger
- Liquid Clothes Soap
- Extra Water Not Needed for Drinking

Human and Animal Waste Disposal

- Five Gallon Bucket
- Toilet Seat Bucket Lid
- Plastic Bucket Liners
- 55 Gallon or Larger Trash Can with Tight Lid for Solid Waste Storage

or

- Camping Toilet: 5 Gallon (very short-term)

Sanitation issues in a dense urban environment where sewers are not working and trash is not being picked up can only be handled for the short-term. Long-term survival without a working sewer system is not possible in the dense urban environment as there is nowhere to safely dispose of human waste. You will need to leave for your Bug-Out location in the event of a long-term grid down disaster in a dense urban environment. You should probably leave now, if you believe such an event is likely.